

Jack + Jill Preschool April 2021 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| <p>5 B- Cereal w/ Milk</p> <p>L- Ham & Cheese Sandwich, Chips, Pickles, Apples</p> <p>S- Cheese Crackers</p> | <p>6 B- Cheese Toast & Fresh Fruit</p> <p>L- Chicken Nuggets, Mashed Potatoes, Veggies, Peaches</p> <p>S- Graham Cracker Sticks</p> | <p>7 B- Berry Muffins</p> <p>L- Hamburger Macaroni, Green Beans, Mixed Fruit</p> <p>S- Wheat Thins</p> | <p>8 B- Waffles w/ Syrup</p> <p>L- Hot Dogs, Tator Tots, Ketchup, Applesauce</p> <p>S - Fig Bars</p> | <p>9 B- Bagels & Cream Cheese</p> <p>L- Pizza, Salad w/Ranch, Pineapples</p> <p>S- Chocolate Chip Cookies</p> |
| <p>12 B- Cereal w/Milk</p> <p>L- Turkey & Cheese Sandwich, Chips, Pickles, Oranges</p> <p>S- Vanilla Wafer</p> | <p>13 B- Buttered Toast & Yogurt</p> <p>L- Taco w/ Meat & Cheese, Beans, Lettuce, Tomatoes, Mixed Fruit</p> <p>S- Nutri Grain Bars</p> | <p>14 B- Cinn. Streusel Muffins</p> <p>L- Chicken Alfredo, w/ Broccoli, Garlic Toast, Peaches</p> <p>S- Animal Crackers</p> | <p>15 B- Pancakes w/ Syrup</p> <p>L-Corn Dogs, French Fries, Ketchup, Applesauce</p> <p>S- Rice Crispy Treats</p> | <p>16 B- Sausage & Biscuits</p> <p>L- Pizza, Salad w/Ranch, Pineapples</p> <p>S- Goldfish</p> |
| <p>19 B- Cereal w/Milk</p> <p>L- Sloppy Joe Sandwich, Pickle Spears, Chips, Apples</p> <p>S- Pretzels & String Cheese</p> | <p>20 B- Cinn. Toast & Oatmeal</p> <p>L- Baked Chicken, Broccoli Cheese Rice, Peaches</p> <p>S- Cheese Crackers</p> | <p>21 B- Blueberry Muffins</p> <p>L- Spaghetti with Marinara, Green Beans, Garlic Toast, Mixed Fruit</p> <p>S- Graham Cracker Sticks</p> | <p>22 B- Waffles w/ Syrup</p> <p>L- Cheese Quesadilla, Ranch Style Beans, Corn, Applesauce</p> <p>S - Brownies</p> | <p>23 B- English Muffins w/ Jelly</p> <p>L- Pizza, Salad w/Ranch, Pineapples</p> <p>S- Fig Bars</p> |
| <p>26 B- Cereal w/Milk</p> <p>L- Grilled Cheese Sandwich, Pickle Spears, Chips, Oranges</p> <p>S- Nutri Grain Bars</p> | <p>27 B- Scrambled Eggs & Toast</p> <p>L- Beef Enchiladas, Spanish Rice, Corn, Mixed Fruit</p> <p>S- Wheat Thins</p> | <p>28 B- Strawberry Muffins</p> <p>L- Parmesan Chicken, Noodles, Peas, Peaches</p> <p>S- Cinnamon Graham Crackers</p> | <p>29 B- Pancakes w/ Syrup</p> <p>L- Cheese Burger, French Fries, Carrot Sticks, Applesauce</p> <p>S- Goldfish</p> | <p>30 B- Sausage & Biscuits</p> <p>L- Pizza, Salad w/Ranch, Pineapples</p> <p>S- Trail Mix</p> |

** 1% Milk is served with Breakfast & Lunch.

** Water is served with Snack.

** Snack is adjusted accordingly for toddlers.

** Meat Dishes may be prepared with beef, pork, turkey, meat alternatives.

** Fresh Fruit will change seasonally.