

# Jack + Jill March 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>B- Buttered Toast &amp; Yogurt L- Spaghetti w/ Meat Sauce, Green Beans, Peaches S- Goldfish</p>	<p>2</p> <p>B- Pancakes L- Corn Dogs, French Fries, Broccoli, Ketchup, Applesauce S- Assorted Snacks</p>	<p>3</p> <p>B- English Muffins &amp; Jelly L- Pizza, Salad w/ Ranch, Pineapples S- Cupcakes for Dr. Sues Birthday</p>
<p>6</p> <p>B- Cereal w/ Milk L- Sloppy Joe Sandwich, Pickle Spears, Chips, Oranges S- Graham Crackers</p>	<p>7</p> <p>B- Muffins L- Chicken Nuggets, Mashed Potatoes, Green Beans, Mixed Fruit S- Go-Gurts</p>	<p>8</p> <p>B- Fresh Fruit &amp; Rice Cakes L- Meatballs, White Rice, Broccoli, Peaches S- Wheat Thins</p>	<p>9</p> <p>B- Waffles w/ Syrup L- Fish Stick, Carrots, Tater Tots, Applesauce S- Brownies</p>	<p>10</p> <p>B- Sausage &amp; Biscuits L- Pizza, Salad w/ Ranch, Pineapples S- Cheez-Its</p>
<p>13</p> <p>B- Cereal w/ Milk L- Grilled Cheese Sandwich, Pickle Spears, Chips, Apples S- Nutri Grain Bars</p>	<p>14</p> <p>B- Coffee Cake L- Baked Chicken, Broccoli &amp; Cheese Rice, Mixed Fruit S- Crackers &amp; Fruit Bars</p>	<p>15</p> <p>B- Eggs Muffins L- Cheese Burger Macaroni, Mixed Veggies, Peaches S- Pudding Cups</p>	<p>16</p> <p>B- Pancakes w/ Syrup L- Hot Dogs, Veggie Straws, Ketchup, Applesauce S- Animal Crackers</p>	<p>17</p> <p>B- French Toast Sticks L- Pizza, Salad w/ Ranch, Pineapples S- Goldfish</p>
<p>20</p> <p>B- Cereal w/ Milk L- Turkey &amp; Cheese Sandwich, Pickle Spears, Chips, Oranges S- Rice Cake Bites</p>	<p>21</p> <p>B- Muffins L- Taco's w/ Meat &amp; Cheese, Lettuce, Tomatoes, Beans, Mixed Fruit S- Vanilla Wafers</p>	<p>22</p> <p>B- Eggs &amp; Hashbrowns L- Baked Ziti w/ Pepperoni, Corn, Peaches S- Chocolate Chip Cookies</p>	<p>23</p> <p>B- Waffles w/ Syrup L- Cheese Burgers, French Fries, Ketchup, Carrots, Applesauce S- Pretzels &amp; String Cheese</p>	<p>24</p> <p>B- Biscuits &amp; Gravy L- Pizza, Salad w/ Ranch, Pineapples S- Cheez-Its</p>
<p>27</p> <p>B- Cereal w/ Milk L- Chopped Beef Sandwich, Pickle Spears, Chips, Grapes S- Goldfish</p>	<p>28</p> <p>B- Cinnamon Muffins L- Chicken Alfredo, Broccoli, Mixed Fruit, Garlic Bread S- Animal Crackers</p>	<p>29</p> <p>B- Cinnamon Toast &amp; Oatmeal L- Tater Tot Casserole, Green Beans, Peaches S- Rice Crispies</p>	<p>30</p> <p>B- Pancakes &amp; Bananas L- Popcorn Chicken, Mac &amp; Cheese, Peas, Applesauce S- Nutri Grain Bars</p>	<p>31</p> <p>B- French Toast Sticks L- Pizza, Salad w/ Ranch, Pineapples S- Assorted Snacks</p>