Jack + Jill Preschool September 2023

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Monday	Tuesday	Wednesday	Thursday	Friday	
4 Closed for Labor Day	5 B- Cereal w/ Milk L- Turkey & Cheese Sandwich, Pickle Spears, Chips, Oranges S- Animal Crackers	6 B- Berry Muffins L- Spaghetti w/ Meat Sauce, Green Beans, Garlic Toast, Peaches S- Pretzels & Cheese	7 B- Waffles w/ Syrup L- Fish Sticks, Tater Tots, Carrots, Ketchup, Applesauce S- Pudding Cups	8 B- Sausage & Biscuits L- Pizza, Salad w/ Ranch, Pineapples S- Goldfish	
11 B- Cereal w/ Milk L- Grilled Cheese Sandwich, Pickle Spears, Chips, Apples S- Nutri Grain Bars	12 B- Coffee Cake L- Tacos w/ Meat & Cheese, Beans, Lettuce, Tomatoes, Mixed Fruit S- Rice Cake Bites	13 B- Eggs & Butter Toast L- Baked Chicken, Broccoli & Cheese Rice, Peaches S- Cheez-Its	14 B- Pancakes w/ Syrup L- Corn Dogs, Veggie Straws, Ketchup, Applesauce S- Brownies	15 B- French Toast Sticks L- Pizza Sticks, Salad w/ Ranch, Pineapples S- Vanilla Wafers	
18 B- Cereal w/ Milk L- Sloppy Joe Sandwich, Pickle Spears, Chips, Oranges S- Cheese & Crackers	19 B- Berry Muffins L- Chicken Nuggets, Mashed Potatoes, Green Beans, Peaches S- Goldfish	20 B- Yogurt & Toast L- Cheese Quesadilla, Beans, Corn, Mixed Fruit S- Animal Crackers	21 B- Waffles w/ Syrup L- Hot Dogs, French Fries, Ketchup, Applesauce S- Pretzels & Cheese	22 B- Sausage & Biscuits L- Baked Ziti w/ Pepperoni, Corn, Pineapples S- Graham Crackers	
25 B- Cereal w/ Milk L- Turkey & Cheese Sandwich, Pickle Spears, Chips, Oranges S- Rice Cake Bites	26 B- Coffee Cake L- Tacos w/ Meat & Cheese, Bean, Lettuce, Tomatoes, Mixed Fruit S- Vanilla Wafers	27 B- Eggs & Hashbrowns L- Chicken Bites, Mac & Cheese, Mixed Veggies, Peaches S- Choc. Chip Cookies	28 B- Pancakes w/ Syrup L- Cheese Burgers, French Fries, Ketchup, Carrots, Applesauce S- Nutri Grain Bars	29 B- French Toast Sticks L- Pizza, Salad w/ Ranch, Pineapples S- Cheez-Its	